

Hi all. For those of you who don't know me, my name is Wanda Carnes. I am the Title VI Director. There are a few different programs under the Title VI Program. This program works with Native American Senior Citizens with-in the Trenton Indian Service Area.

- First off, the Senior Center, all Senior Citizens 55 and older are eligible to go up and eat at 11:00 to 11:30. You need to call Renice (701-572-5847) before 9:00 a.m. so she knows how many to prepare for. We suggest a \$1.00 donation or whatever you can donate, as this will help keep this program going. Persons younger than 55 can eat at the Senior Center but MUST pay the \$5.00. They have Bingo on Tuesdays and Thursdays after lunch, if they have enough people to play. Again, PLEASE let the cook know ahead of time. Thank you in advance. Again the number to call the Senior Center is 701-572-5847.



- Our next program is the Caregiver Program. This is a program to help the caregivers. Caregivers have to be 60 or older taking care of someone 60 or older. I can come and give you a break for an hour so that you may go grocery shopping or just have a break to get out of the house for a while. Any way in which I can help the caregivers, you need to call me at the Senior Center (701) 572-5847.



- Title VI program has a Lending Tree. I have many items that can be borrowed. I have wheel chairs, high rise toilet seats (some with arms and some without arms), shower chairs, transfer benches, walkers, regular canes, quad canes, gait belts, grabbers, portable commodes and other items. These are some of the main items I have on hand but give me a call if you need something other than what is listed. I just might have it on hand. All I ask is that you sign an agreement saying you will utilize it and return the item when you are done with it so others can use them. If it gets damaged, lost or stolen, you will replace it. Again, call me Wanda Carnes at (701) 572-5847. I am here to help you in any way that I can. Just call. Thank you !

